

Dine-Out Long Beach Exclusive Menu



First Course

Mini Smoothie Bowl

Green Bowl:

kale, spinach, cashews, mango, hemp seeds, your choice of coconut milk or apple juice; topped with grainless granola, banana, blueberries, coconut chips and honey.

Berry Bowl:

blueberry, strawberry, coconut meat, banana, coconut milk; topped with grainless granola, blueberries, strawberries bananas, honey and chia seeds

Second Course

8oz Juice

Summer Night:

carrot, orange, lemon, muddled mint

Soylent Green:

kale, spinach, romaine, celery, cucumber, apple, lemon

Snack Course

Protein Snack

Golden Snitch:

rolled oats, cacao nibs, peanut butter, cinnamon, chia seeds, sea salt, honey, vanilla

Dat Cookie Doe:

cashews, oats, cacao nibs, honey, sea salt, vanilla

Three-"Courses"

\$20

Imaginary Bananas \$3

Our "Imaginary Bananas" are satisfying and have zero calories. Though they are imaginary they do have a real impact, yet cost very little dough. All proceeds benefit the California Restaurant Association's non-profit Restaurants Care, which provides relief and stability to California restaurant owners and workers in-need.

Visit restaurantscare.org

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DINE OUT
**LONG
BEACH**

**RESTAURANT &
COCKTAIL WEEK**
FEB 18 - 28, 2022

dineoutlongbeach.com

GRUNION & GAZETTE
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