

Dine-Out Long Beach Exclusive Menu



First Course

Mini Smoothie Bowl

Green Bowl:

kale, spinach, cashews, mango, hemp seeds, your choice of coconut milk or apple juice; topped with grainless granola, banana, blueberries, coconut chips and honey.

Berry Bowl:

blueberry, strawberry, coconut meat, banana, coconut milk; topped with grainless granola, blueberries, strawberries bananas, honey and chia seeds

Second Course

Nourish Bowl

Macro Bowl:

kale, sprouted beans, butternut squash, cauliflower rice, avocado, carrots, cashew sour cream

Fiesta Bowl:

lettuce, sprouted beans, cilantro/lime rice, walnut meat, avocado, cherry tomatoes, bell peppers, cashew sour cream, housemade hot sauce

Snack Course

Protein Snack

Golden Snitch:

rolled oats, cacao nibs, peanut butter, cinnamon, chia seeds, sea salt, honey, vanilla

Dat Cookie Doe:

cashews, oats, cacao nibs, honey, sea salt, vanilla

Three-Courses
\$25

Imaginary Bananas \$3

Our "Imaginary Bananas" are satisfying and have zero calories. Though they are imaginary they do have a real impact, yet cost very little dough. All proceeds benefit the California Restaurant Association's non-profit Restaurants Care, which provides relief and stability to California restaurant owners and workers in-need.

Visit restaurantscare.org



DINE OUT
**LONG
BEACH**

**RESTAURANT &
COCKTAIL WEEK**
APRIL 1-15, 2021

dineoutlongbeach.com

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